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OBJECTIVES:
To MINISTER to people. T0 MAKE a lifetime IMPACT. To SHARE the love of Christ through relationships. To DISPLAY AND DECLARE the Gospel.

PASSPORTS:
Begin the process now if you don't have a passport. If you do have a passport, check the expiration date immediately. Make sure your passport does not expire within 6 months of the trip.

STEP REGISTRATION:
Go online to step.state.gov to enroll in STEP (Smart Traveler Enrollment Program) to be registered with the U.S, Embassy in Guatemala.

POSSIBLE FLIGHTS:
DELTA FLIGHT:

1. Delta from HSV at $5: 35 \mathrm{am}$ and arriving in GUA at $11: 36$ am on July 15 Delta Leaving GUA at 1:06 pm and arriving in HSV at 11:00pm on July 21 (\$1409)
2, Delta from Nashville at 6:00 am and arriving in GUA at 11:36
Delta leaving GUA at 1:06 pm and arriving in BNA at 9:05 pm
(\$1124)
2. Delta from BHM at 6:30 am and arriving in GUA at 11:36 am on July 15

Delta leaving GUA at 1:06 pm and arriving in BHM at 8:15 pm on July 21
(\$1057)
UNITED FLIGHT:
1, United from HSV at 6:30 am and arriving in GUA at 11:30 am on July 15
United Leaving GUA at 12:35 pm and arriving in HSV at 9:47 pm on July 21
(\$1220)
2, United from Nashville at 6:40 am and arriving in GUA at 11:31 am on July 15
United leaving GUA at 12:35 pm and arriving in BNA at 8:42 pm on July 21
(\$1038)
HOTEL:
We will be looking for a hotel which has enough rooms to house all of us but is a smaller "boutique" style hotel or an Airbnb rental. The hotel usually provides breakfast as well as a meeting area for the group, wi-fi, laundry for an additional cost, housekeeping, etc. If an Airbnb is rented we will all pitch in for breakfast groceries and preparation.

COSTS:
This year FBCM will pay a portion of the hotel and transportation costs. Each person will pay for: Flight: (See above)

Hotel/Trip Costs: \$ 150 per person to be paid by May 1 to reserve your spot for the trip. This will be used to pay your part of hotel cost, transportation in country , trip insurance, etc. Make checks payable to FBC Meridianville and give to David or Kim or mail to:

FBC Meridianville
175 Monroe Rd.
Meridianville, AL 35759

Baggage Fees: Depending on the airlines, baggage fees for personal luggage and supply suitcases to be carried by group members.
Money for Food \& Shopping/Tours - Bring cash to exchange there or credit/debit cards (approve international travel with your credit cards and banks before travel) to pay for meals and incidentals.

SHOTS/MEDICAL:
Current Hepatitis A \& B, Typhoid, Tetanus, MMR, Polio Vaccines - Check with your doctor to see if you are up to date on these vaccines.
Malaria medication - prescription can also by given by your doctor if you choose.
CLOTHING/PERSONAL ITEMS
Bring comfortable walking shoes and clothes. You can wear shorts but the people in the village do not wear them - especially the women. Bring a raincoat/light jacket. It might be cool in the mornings and possibly rainy in the afternoon. Bring sunscreen, hats, sunglasses - the sun is bright. Bring gloves and small tools needed for water projects. Bring insect repellant. Bring pain reliever and Immodium or Pepto Bismol (also Cipro or Phenegran if you have a prescription.) Bring other personal medications in their original containers.

## CELL PHONES

You will need to add an international plan with your cell phone carrier. There is internet at the hotel. Be sure to bring your charger.

DRINKING WATER/FOOD:
In Guatemala we only drink bottled water and use bottled water supplied at the hotel for brushing our teeth. We do not eat raw vegetables or fruit that is not peeled. The hotel provides breakfast each morning. We are in the villages for lunch and we eat out for dinner. You can bring snacks with you or buy them there - we usually go to the grocery store each morning.

MEETINGS: We will meet at FBCM at 4:00 on these dates to pray and prepare for our trip: Jan. 28, Feb.25, March 24, April 28,. June 2. Also On July 7 at 6:00 to pack supplies.

PROJECTS: VBS, Clinic, Sponsorship Program and Lunches in San Antonio, Water system installations in other villages.

LUGGAGE:
We will need each person to take one suitcase with supplies. Please bring an empty suitcase to the church for supplies that need to be packed here on July 7. It can be a personal suitcase or thrift store suitcase - but remember that you will be carrying it. You can leave old suitcases there if you don't want to carry them back.

